

Horse Feathers



We are proud to offer services in an area of great need for our country's veterans and their extended families. To that end, Ray of Light Farm can easily accommodate all facets of this program. We would like to *thank you* for taking time to read about our growing program and its future.



Come and Join Us!

Contact

HorseFeathers@RayOfLightFarm.org
or

Cathy Languerand, Director
Evelyn Bailey, Asst. Director
Jackie Mickiewicz, Coordinator
860-550-1955
(text or phone)

**to volunteer or participate
in this program.**



Ray of Light Farm, Inc.
232 Town Street
East Haddam, CT 06423
Phone 860-873-1895
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**We are a 501 (c) (3) charity.
Your donations are tax deductible.**

Horse Feathers Veterans Program



**at
Ray of Light Farm
232 Town Street
East Haddam, CT**

**We are a PATH*
Certified Facility**

* Professional Association of Therapeutic Horsemanship

Staff

The Director of Horse Feathers is Cathy Languerand, who is an intuitive horsemanship instructor. She is certified by the Professional Association of Therapeutic Horsemanship (PATH) and by the Certified Horsemanship Association (CHA). She is also a Reiki master and does empathic work with horses.

Margaret Allende is a life coach and a licensed mental health professional who assists with the program.

Horse Feathers has a core group of about 10 volunteers who have been training since October of 2015. Of these ten volunteers, five are veterans themselves. We continue to add volunteers to our program in order to provide the most personalized and dedicated service possible to each veteran.



Who We Are and What We Do

Horse Feathers is an animal assisted learning and wellness program that serves all veterans. We specialize in helping veterans with post traumatic stress and we also welcome veterans with physical challenges. The program involves pairing veterans with horses and other animals to facilitate self awareness and promote healing for those affected by emotional or physical trauma.

To realize this,

Horse Feathers

concentrates on allowing each veteran time to establish a connection with his or her animal partner. Our animals are primarily rescues that may have issues that often parallel those in veterans. This is why connecting with an animal can be so powerful. These sensitive animals will often mirror the behaviors of a veteran who is experiencing emotions that he or she has not recognized or been aware of.

Horse Feathers provides veterans with the opportunity to become comfortable around horses, to learn to groom, walk, and care for them, and eventually, to learn to drive horses in carts or wagons, or ride them. Both driving and riding options are available.



Our Facilities

Our facilities are located within Ray of Light Farm, a horse, donkey, and small farm animal rescue facility located at 232 Town Street in East Haddam, Connecticut. Ray of Light Farm is a non-profit charity that has been rescuing horses, donkeys and other farm animals since 2005.

Horse Feathers Veterans Program has a designated private area within the farm's 45 acres. The horses and donkeys that participate in Horse Feathers are primarily for the program and are experienced and friendly animals. Currently we have three mini horses, two mules, one donkey, and three horses. In addition, for those who would like to interact with other animals, we offer a variety of farm animals such as llamas, guinea pigs, goats, turkeys, ducks, chickens and others.

